According to the 1997 College Alcohol Survey (Anderson and Gadaleta) college and university administrators estimate alcohol is involved with:

- **29% of drop outs**
- **38% of academic failures**
- **64% of violent behaviors**
- **66% of unsafe sexual practices**
- **75% of acquaintance rapes**

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**The following organizations join us in support of this message:**
- American Council on Education
- American Association of Collegiate Registrars and Admissions Officers
- Association of Governing Boards of Universities and Colleges
- The BACCHUS and GAMMA Peer Education Network

This information is brought to you by:

**The Century Council**
The Council fights alcohol abuse and is funded by America's leading distillers.

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**Parents, you’re not done yet.**

Have you talked with them about drinking in college?

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**Low risk drinking is:**
- Thinking about whether you will drink, what you will drink before the party
- Being 21 or older
- Eating a meal before drinking
- Abstaining is the safest choice
- Drinking no more that one drink per hour; maximum 1 for women, 2 for men
- Always knowing what you are drinking
- Alternating alcohol-free drinks throughout the evening
- Knowing how you will get home safely before you go out

**High risk drinking is:**
- Chugging, drinking games, shots (drinking anything out of a punch bowl, trough, hose, or funnel)
- Drinking to get drunk (intoxicated)
- Driving after drinking or riding with someone under the influence
- Drinking too much too fast
- Going to parties where people drink too much
- Not knowing what is in your glass or leaving it unattended
- Mixing alcohol with medications or illegal drugs