

What NOT to do:

- * **Don't** try to talk sense into your stalker, and don't plead to be left alone– begging may increase the stalker's sense of power.
- * **Don't** go to the stalkers aid when he/she claims there is a crisis– this is a common ploy.
- * **Don't** hide keys outside or leave notes for friends or relatives. If you move, obtain a post office box, keep your new address off checks, remove your name from voter registration roles and place your property in a trust so your stalker cannot search property title records.



University Police



University Police

For further information

please visit

www.victimservices.ucf.edu

4000 Central Florida Blvd.
Building #49
Orlando, Florida 32816

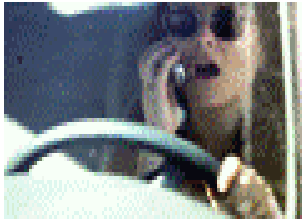
Phone: 407-823-5555
Fax: 407-823-4142

Stalking



What you should know:

What is Stalking?



Stalking involves repeated, willful and/or malicious acts by one person towards

another. These acts may include following, contacting, observing or harassing the targeted individual, putting them in fear. Strangers, acquaintances, and ex-partners are examples of persons who can become a stalker.



Things to look for...

- * Appearing unexpectedly wherever you go.
- * Repeatedly phoning, leaving messages, repeated hang up calls, and/or emails.
- * Persists in leaving unwanted gifts, letter, notes, or cards.
- * Contacts your friends, family, neighbors, boss or co-workers to check on your whereabouts.
- * Disregards warnings
- * Lying in wait
- * Threatens or makes obscene remarks.
- * Threatens harm to you, others, or oneself
- * Shows you weapons.



What to do...

- * Tell the stalker to stop any kind of personal contact. Ideally, this should be done in the presence of a witness. Document the time, date, and do not initiate further contact yourself.
- * Be firm and direct. Avoid making unclear statements or using soft voice tones in an attempt to be nice. Stalkers often interpret this as a mixed message.
- * Remember that a stalkers behavior is reinforced by their success in getting a response from you, even if it is one of anger, full of logic, fear, pleas to be left alone, or threats to take action.

