

THE PSYCHOBABBLE

Back to School: How to stay on top of things

- Get a planner!! Write down all assignments/due dates in a monthly view, and focus on what's within a 2-week window.
- Read chapter summaries, then go back for further clarification/explanation, if on a time crunch...
- 2010: Start thinking of research ideas for FASP next year... 1 month to complete it gets stressful if you haven't planned ahead!
- Set aside time for yourself. Exercise, socialize, sleep!!
- Don't be afraid to ask for help! We're a family!



2008 girls as 'FBA Agents' with Dr. Ulmer at FASP 2006

REMINDERS!!

- FASP is quickly approaching. Be sure to renew or apply for membership so you're able to attend the conference!
- Attend ALL social functions ☺
- Mark your calendars now: The 2nd annual Holiday Party will be held on December 8th, 2007 at the Thompson house... if you weren't there last year, you missed out!!

Interested in running a 10K?

Disney's Race for the Taste 10K October 7, 2007

7:00 a.m. at Disney's Wide World of Sports® Complex
http://disneyworldsports.disney.go.com/dwws/en_US/endurance/events/detail?name=EnduranceRacefortheTaste10K2007EventDetailPage&bhcp=1

Caity Pratt is already registered, and the race is at 50% capacity currently.

Finish the race and then experience the taste. Disney's Race for the Taste 10K is your opportunity to experience the sights, sounds, and tastes of the Epcot® International Food and Wine Festival as you run through the WALT DISNEY WORLD® Resort. Join this celebration of fitness and food at Disney's Race for the Taste 10K. There's no better place to find incredible food from around the world than at the finish line of Disney's Race for the Taste 10K.

Capacity will be limited. Register early to ensure your spot! Entry fees include a commemorative gift and a sampling of culinary treats from the Epcot® International Food and Wine Festival. Finishers will receive a finishers' medal and a certificate. Fees are non-refundable and non-transferable. Race will be held rain or shine. If severe weather occurs, the event management team will determine if the event needs to be cancelled.

Race Registration plus Theme Park Ticket (Tickets can only be purchased through the registration process. Tickets will not be available for purchase during race day registration.)
\$68 if received before September 29, 2007
\$73 if received September 30 - October 6, 2007

Race Registration Only
\$40 if received before September 29, 2007
\$45 if received September 30 - October 7, 2007

Need Extra Cash/Experience?

A family in Winter Park is looking to hire someone to provide additional therapy to their son, age 2 – diagnosed with Autism. The main therapist from Quest Kids would train you to conduct discrete trials of applied behavior analysis techniques. Hours are flexible, and payment is cash on-the-spot. Please contact Aubrey (thompsa3@ocps.net) for more information.

Recipe of the Month

Mango Delish Salsa

Elaina LeGros

Ingredients:

2 ripe mangoes
 2 apples (Braeburn or Cameo are a good choice)
 1 small sweet onion
 2 limes
 2 tablespoons fresh cilantro
 salt

Dice mangoes, apples and onions into small pieces.
 Chop cilantro. Combine.

Squeeze juice of limes over salsa. Salt to taste. Serve with tortilla chips

UCF Football Schedule

9/1/07	UCF vs. NC State	6:00pm
9/15/07	UCF vs. Texas	3:30pm
9/22/07	UCF vs. Memphis	3:30pm
9/29/07	UCF vs. Louisiana-Lafayette	6:00pm
10/6/07	UCF vs. East Carolina	7:30pm
10/13/07	UCF vs. USF	7:00pm
10/20/07	UCF vs. Tulsa	4:00pm
10/28/07	UCF vs. Southern Miss	8:00pm
11/3/07	UCF vs. Marshall	3:30pm
11/10/07	UCF vs. UAB	7:30pm
11/17/07	UCF vs. SMU	3:00pm
11/24/07	UCF vs. UTEP	TBD

Thank You's, Kudos, etc!

Aubrey Thompson won the national title in the Women's Open C 8+ category at Master's (Rowing) Nationals on August 11th!

Jim Fraser competed in yet another Triathlon on August 18th and is also on the Rtl training team for Osceola County! Way to go Jim!!

Emme Decker's new house is beginning to lay foundation work! Yippee!!

Kristie Balado vacuumed the other day... ☺

Our Fall Class Schedule

Monday

2009: Individual Psychoeducational Diagnosis I – TBD, 5:00-7:50pm

2010: Teaching Language to Minority Students – COMM 147, 6:00-8:50pm

Tuesday

2009: Fundamentals of Graduate Research – CL1 220, 6:00-8:50pm

2010: Exceptional Children in the schools – TA 202A/Online, 6:00-8:50pm

Wednesday

2010: Intro to School Psych – TA 302, 5:00-7:50pm

Thursday

2009 & 2010: Behavioral and Observational Analysis of Classroom Interactions in Schools – ENGR 227, 6:00-8:50pm

Upcoming Events

Labor Day Holiday

Monday, September 3rd

2009 Cohort Dinner

Wednesday, September 12th, 6:30pm – TBD

UCF vs. Texas Opening Game

Saturday, September 15th, 3:30p.m.

Happy Hour/Pep Rally ☺– All Cohorts

Friday, September 21st, 5:30 pm – Ale House, Waterford Lakes **Wear Black and Gold**

(All social events are pending majority approval. Please email thompsa3@ocps.net future suggestions)

Birthdays/Anniversaries

Nicole Balogh – September 8th

Elaina LeGros – September 10th

Christine Craig – September 12th

Linda Rovira – September 23rd

Elyse Williford – September 25th

Angela Malley – September 28th